

## 2010-11 ILH CHAMPIONS

### AIR SPORTER RIFLERY

Boys Varsity – Punahou

Boys Junior Varsity – Punahou

Girls Varsity – Sacred Hearts Academy

Girls Junior Varsity – Sacred Hearts Academy

### BASEBALL

Varsity I – Saint Louis

Varsity II – Pac-Five

Junior Varsity – Punahou

Intermediate – Kamehameha-Kapalama

### BASKETBALL

Boys Varsity I – Iolani

Boys Varsity IAA – Punahou

Boys Varsity II – Island Pacific Academy

Boys Junior Varsity – Kamehameha-Kapalama Blue

Boys Intermediate I – Iolani

Boys Intermediate II – Saint Louis

Boys Intermediate III – Le Jardin Academy

Girls Varsity I – Punahou

Girls Varsity IAA – Kamehameha-Kapalama

Girls Varsity II – Hawaii Baptist Academy

Girls Junior Varsity I – Punahou Gold

Girls Junior Varsity II – Maryknoll

Girls Intermediate I – Iolani

Girls Intermediate II – Maryknoll

Girls Intermediate III – Le Jardin Academy

### BOWLING

Boys Varsity I – Iolani

Boys Varsity II – Hawaii Baptist Academy

Boys Junior Varsity I – Punahou

Boys Junior Varsity II – Hawaii Baptist Academy Black

Girls Varsity I – Punahou

Girls Varsity II – Hawaii Baptist Academy

Girls Junior Varsity I – Mid-Pacific Institute Green

Girls Junior Varsity II – Hawaii Baptist Academy

## CANOE PADDLING

Boys Varsity I – Kamehameha-Kapalama

Boys Varsity II – Punahou

Boys Junior Varsity I – Kamehameha-Kapalama

Boys Junior Varsity II – Kamehameha-Kapalama

Girls Varsity I – Kamehameha-Kapalama

Girls Varsity II – Pac Five

Girls Junior Varsity I - Kamehameha-Kapalama & Punahou (Co-Champions)

Girls Junior Varsity II – Kamehameha-Kapalama

Mixed Varsity – Kamehameha-Kapalama

## CHEERLEADING

Varsity – Kamehameha-Kapalama

Junior Varsity – Punahou

Intermediate – Kamehameha-Kapalama

## CROSS COUNTRY

Boys Varsity – Kamehameha-Kapalama

Boys Junior Varsity – Kamehameha-Kapalama

Boys Intermediate – Saint Louis

Girls Varsity I – Punahou

Girls Junior Varsity – Punahou

Girls Intermediate – Kamehameha-Kapalama

## FOOTBALL

Varsity I – Saint Louis

Varsity II – Iolani

Junior Varsity – Saint Louis

Intermediate – Iolani

## GOLF

Boys Varsity I – Punahou

Boys Varsity II – Punahou

Boys Junior Varsity – Kamehameha-Kapalama

Boys Intermediate – Punahou

Girls Varsity I – Punahou

Girls Varsity II – Punahou

Girls Intermediate – Iolani

## JUDO

Boys Varsity – Punahou

Boys Intermediate – Punahou

Girls Varsity – Punahou

Girls Intermediate – Pac-Five

## KAYAKING

Boys Varsity – Le Jardin Academy  
Boys Junior Varsity – Kamehameha-Kapalama  
Girls Varsity – Kamehameha-Kapalama  
Girls Junior Varsity – Kamehameha-Kapalama

## PRECISION AIR RIFLERY

Varsity – Punahou  
Junior Varsity – Saint Louis (CT)

## SAILING

Varsity – Punahou  
Junior Varsity – Punahou

## SOCCER

Boys Varsity – Kamehameha-Kapalama  
Boys Junior Varsity – Punahou Gold  
Boys Intermediate – Punahou Blue  
Girls Varsity – Punahou  
Girls Junior Varsity – Kamehameha-Kapalama Blue  
Girls Intermediate – Kamehameha-Kapalama Blue

## SOFTBALL

Varsity I – Mid-Pacific Institute  
Varsity II – Pac-Five  
Junior Varsity – Iolani  
Intermediate – Punahou Blue

## SWIMMING & DIVING

Boys Varsity – Punahou  
Boys Junior Varsity – Kamehameha-Kapalama  
Boys Intermediate – Punahou  
Girls Varsity – Punahou  
Girls Junior Varsity – Iolani  
Girls Intermediate – Iolani