

2010-11 ILH SWIMMING & DIVING ALL-STARS

	Male	School	Female	School
Swimmer of the Year	Kacy Johnson	Iolani	Jasmine Mau	Punahou
Diver of the Year	Spencer Madanay	Punahou	Kathryn Chinn	Punahou
Coach of the Year	Jeff Meister	Punahou	Jeff Meister	Punahou

2010-11 ILH Swimming and Diving All Star First Team Selection

Event	Male	School
1 Meter Diving	Spencer Madanay	Punahou
50 Yard Freestyle	Ryan Stack	Kamehameha-Kapalama
100 Yard Freestyle	Robert Kiessling	Punahou
200 Yard Freestyle	Robert Kiessling	Punahou
500 Yard Freestyle	Kacy Johnson	Iolani
100 Yard Backstroke	Austin Hirstein	Island Pacific Academy
100 Yard Breaststroke	Evan Uy	Kamehameha-Kapalama
100 Yard Butterfly	Mitchell Richmond	Punahou
200 Yard Individual Medley	Kacy Johnson	Iolani
200 Yard Freestyle Relay	Gary Akiona	Kamehameha-Kapalama
	Nicholas Leota	Kamehameha-Kapalama
	Ryan Stack	Kamehameha-Kapalama
	Evan Uy	Kamehameha-Kapalama
	Evan Hamamoto	Iolani
	Kacy Johnson	Iolani
	David Lim	Iolani
	Chris Nichols	Iolani
400 Yard Freestyle Relay	Evan Hamamoto	Iolani
	Kacy Johnson	Iolani
	David Lim	Iolani
	Chris Nichols	Iolani
200 Yard Medley Relay	Griffin Bolan	Punahou
	Nigel Ng	Punahou
	Mitchell Richmond	Punahou
	Zachary Woo	Punahou

Female	School
Kathryn Chinn	Punahou
Aja Grande	Iolani
Summer Harrison	Mid-Pacific Institute
Kiana Yamashiro	Kamehameha-Kapalama
LillyBelle Deer	Punahou
Sandy Chun	Iolani
Brandi Halemano	Punahou
Jasmine Mau	Punahou
Jasmine Mau	Punahou
Sandy Chun	Iolani
Melisa Kegans	Iolani
Kelcie Kimura	Iolani
Caitlyn Whang	Iolani

LillyBelle Deer	Punahou
Sara Kahanamoku-Snelling	Punahou
Jasmine Mau	Punahou
Zoe Namba	Punahou
Brandi Halemano	Punahou
Sara Kahanamoku-Snelling	Punahou
Jasmine Mau	Punahou
Naomi Ng	Punahou

2010-11 ILH Swimming and Diving All Star Second Team Selection

Event	Male	School
1 Meter Diving		
50 Yard Freestyle	Mitchell Richmond	Punahou
100 Yard Freestyle	Ryan Stack	Kamehameha-Kapalama
200 Yard Freestyle	Kale Ai	Kamehameha-Kapalama
500 Yard Freestyle	Kale Ai	Kamehameha-Kapalama
100 Yard Backstroke	Ian White	Le Jardin Academy
100 Yard Breaststroke	Alex Yee	Pac-Five
100 Yard Butterfly	Andrew Lum	Punahou
200 Yard Individual Medley	Austin Hirstein	Island Pacific Academy
200 Yard Freestyle Relay		
400 Yard Freestyle Relay	Griffin Bolan	Punahou
	Robert Kiessling	Punahou
	Ryan Saunders	Punahou
	Jay Smart	Punahou
200 Yard Medley Relay	Kale Ai	Kamehameha-Kapalama
	Kevin Hartley	Kamehameha-Kapalama
	Nicholas Leota	Kamehameha-Kapalama
	Sean Terada	Kamehameha-Kapalama

Female	School
Cristin Lim	Iolani
Sandy Chun	Iolani
Kiana Yamashiro	Kamehameha-Kapalama
LillyBelle Deer	Punahou
Natsuko Muranaka	Pac-Five
Natsuko Muranaka	Pac-Five
Catia Marie Kanikho	Kamehameha-Kapalama
Caitlyn Whang	Iolani
Summer Harrison	Mid-Pacific Institute
LillyBelle Deer	Punahou
Sara Kahanamoku-Snelling	Punahou
Eryn Nakashima	Punahou
Naomi Ng	Punahou
Aja Grande	Iolani
Melisa Kegans	Iolani
Kelcie Kimura	Iolani
Caitlyn Whang	Iolani
Sandy Chun	Iolani
Aja Grande	Iolani
Melisa Kegans	Iolani
Caitlyn Whang	Iolani